Selection of Electives During the Preliminary Internal Medicine Year

Dermatology
The best preparation for a dermatology residency is a well-rounded experience in internal medicine, perhaps with extra emphasis on infectious disease, rheumatology and behavioral medicine. I did three years of internal medicine and feel that internists, more than most other specialists, emphasize critical thinking and decision making skills over technical skills. Experience in infectious disease is helpful in all dermatology practice, particularly for consultative dermatology involving hospitalized patients. Many rheumatologic diseases have cutaneous manifestations. Knowledge of behavioral medicine is helpful for all doctors.

Thomas P. Long MD
Department of Dermatology
Brown Medical School

Neurology
The board in neurology is increasingly stressing the importance that the preliminary year be spent in internal medicine training - and not be jump-starting neurology or otherwise diluting that experience. Having said that - I think that time spent in any medical subspecialty, ophthalmology, outpatient orthopedics, ENT - would be useful.

Janet Wilterdink, MD
Department of Neurology
Brown Medical School

Diagnostic Imaging
Radiology residents would benefit from just about everything EXCEPT psychiatry, dermatology and ophthalmology. Any IM subspecialty such as oncology, cardiology, or GI and any surgery elective would be most helpful.

Martha Mainiero, MD
Department of Diagnostic Imaging
Brown Medical School

Anesthesiology
We suggest a Pulmonary rotation, as well as Nephrology, GI, Emergency Medicine, Radiology or Cardiology

Ophthalmology
Any elective in Internal Medicine would be helpful. In particular, rotations in Neurology, Emergency Medicine and Endocrinology are best.